



CHRIST THE KING SCHOOL

FALL 2018

PRINCIPAL'S MESSAGE

Dear Parents/Guardians:

Once again, a special welcome to our new 43 students and their families who have joined us at Christ the King School this year. Christ the King School is one of the nineteen catholic schools in Manitoba, built in 1955 with a strong academic program and an enrollment of 185 students from Junior Kindergarten to Grade 8.

Students have quickly settled into their school routines since summer break. After waiting patiently, students are now delighted and enjoying our additional Landscape Structures (Oodle Double Swing, Topsy Turny Spinner and Eclipse Net Climber along with three benches and a picnic table). Playground Enhancement Phase 1 has finally come to fruition with much dedication and hard work from many of our parents and in particular, Mrs. Karen-Denise Cyr, the chair of the Playground Redevelopment Committee.

Our students have been enriched with comprehensive in-class and out-of-class learning opportunities for the past few weeks, organized by our energetic and accomplished Faculty. This includes video conferencing with Astronaut David Saint Jacques, visits to Agriculture Adventure, MTYP plays and the Scandinavian Centre, hands-on science experiments with Mad Science, working on coding, Mathletics, Raz Kids, Kelso's Choice, music skills with the Winnipeg Symphony Orchestra, and sports skills with our volleyball teams.

Parents, grandparents and other family members are all encouraged to participate in many of our school events. Please mark your calendar! **Remembrance Day Service** is scheduled for **Nov 8** at 9:00 am in the gym. Our next school mass is on **November 22 at 9:15am** and we are celebrating the **Feast of Christ the King**. The **Advent Concert** will be on **Dec 13** with two performances at 1:00 pm and 7:00 pm.

Our **Term 1 Report Cards** for our students in Kindergarten to Grade 8, will be distributed on Tuesday, Nov 20th. **Compulsory Tri-Conferences** will take place on Nov 29th, from 2:15 pm to 7:00 pm and on Nov 30th from 10:00 am to 5:00 pm. We look forward to seeing all our parents.

Please continue to support all of our fundraisers as they are critical for our playground enhancement project.

I am very proud of all of our students and their daily effort placed in everything they do. It's truly a blessing to serve in this wonderful and caring community. I look forward to another amazing year!

Sincerely,

Laura Carreiro
Principal
Christ the King School

In This Issue:

- Playground Development
- Roots of Empathy
- Conference with Astronaut David Saint-Jacques
- Indoor and Outdoor Recess Safety Rules
- November events



MESSAGE FROM THE SCHOOL BOARD

On behalf of the Christ the King (CTK) School Board, we bid you a warm welcome to the CTK school community and look forward to working with you in launching another school year. To the many returning students and families, welcome back! And a huge welcome to the new families joining us this year!



Have you noticed some changes in the school coming back from the summer? We wish to thank CTK School staff and volunteers for all their hard work in keeping the school environment refreshed, polished and their commitment in helping to keep our school in great shape.

The 2018/ 2019 year has started with excitement with our playground redevelopment project taking off with full speed. Great big thank you to CTK families and staff for their fundraising efforts over the last several years and the City of Winnipeg for their support in helping us make this project a reality. Our revitalized and updated playground area opened to the school community the week of October 22nd.

Built on the foundational priorities of *Governance, Stewardship, Strategic Planning, Fund Development/ Marketing, and Communications*, the CTK School Board welcomes your participation and ideas throughout the year in shaping the success of our school. We meet every second Wednesday evenings of the month at 7:00 during the school year. You can also email the CTK School Board at boardchairman@ctkschool.ca. Our Annual General Meeting on November 14th at 6:00pm and is open to all parents or guardians. Please join us if you are available!

On a final note, CTK School relies on volunteers to help with many enriching student opportunities and for various fundraising events throughout the year. We know how busy everyone can get with extracurricular activities and family obligations, any time you can offer to volunteer is much appreciated and time well spent in improving our school and more importantly, a contribution to your child's education.

Cheers to another school year and making the 2018/2019 a collaborative success.
CTK School Board

CTK SCHOOL PLAYGROUND REDEVELOPMENT PROJECT

After 2 years of focused effort, our school and parish community now have a revitalized playground! We can all be proud of what has been accomplished: from concept to reality it has been an incredible journey!

Installation of the new playground started mid-October by our contractor Playgrounds R Us and on the weekend of October 20-21 a group of CTK volunteers came together for a "Community Build" to install water drainage pipes and distribute Engineered Wood Fiber (EWF). Volunteers hauled, shoveled, pitch-forked and raked the EWF. It was hard but fun work and saved nearly \$10,000 in construction costs. Thank you to everyone who came out to assist, including our representative from Playgrounds R Us, members of the Knights of Columbus, members of our school board, CTK families and our wonderful school staff and administration. Special thanks to two families who generously brought out and operated Bobcats... we couldn't have done it without their help! Thanks also to Tim Horton's for providing coffee and donuts for our volunteer helpers. A formal dedication of the playground will be held at a future date to recognize our sponsors, funders and everyone who has been a part of revitalizing our playground.

With Phase 1 of the playground project complete, we now move to Phase 2 planning and fundraising. This next phase focuses on landscaping the field area, adding plantings around the playground and creating an outdoor classroom space.

On behalf of the members of the Playground Redevelopment Committee, thank you for entrusting this important project to us. There is nothing more rewarding than working together as a community to build something that is greater than any one person alone could accomplish.

Karen-Denise Cyr
Playground Redevelopment Committee



**Thank you
to all
our
volunteers!**



**Phase 1
now
complete!**

PARENT ADVISORY COUNCIL (PAC)

As every year passes, it seems like time goes by so much faster each day! Here we are already near the end of October and the fun of summer and the first day of school seems like a far distant memory. We extend a very warm welcome to the new families who have joined and of course to the many of you returning for another year at CTK School.

Like every year, we kicked off our first formal PAC activity with the Family Fun Day held on September 27. Thankfully the weather cooperated and although the large bouncers were inside the gym, there was enough space to mix, mingle and enjoy the many activities. A special thank you to Melanie Morris who led the planning and organization and to all the parents and volunteers who made this event possible.



Our Show and Save fundraiser is wrapped up now. There were some changes with the increase in price and the introduction of a new app. Thank you to Denise Flint for coordinating yet another successful fundraiser. Thank you also everyone who sold books to help raise more funds for our playground redevelopment.



After a short hiatus, 2018 marks the return of our popular Wine Raffle. Ticket books are already available for pickup. Tickets are available for \$2 a piece with the final draw occurring at our annual Advent Concert on December 13. There is a slight change from previous years – rather than donating a bottle of wine, families are being asked to donate \$10 each to support the cost of purchasing wine from Banville and Jones who will provide the required quantities at a discount. Monies raised through the raffle will be put towards the playground redevelopment fund. Please contact our coordinators, Susan Evenson (susan_evenson@shaw.ca) or Darilyn Derco (thedercos@gmail.com) with any questions.

I want to thank our new coordinators Donna Savage and Denise Meisner; and Kristina Andrusyshyn and Kim Mathew for keeping our popular Hot Dog Days and Fun Lunch programs going! Thank you to all of you for stepping up. Keep an eye out for those order reminders so that your child doesn't miss out on a special lunch each month. We encourage parents to volunteer for these or other activities throughout the year if they are able to at https://secure.rotundasoftware.com/l/web-terminal/login/CTK_Bingo?killSession=1



PAC has open positions for lead coordinators for two important events coming up next year – Shrove Tuesday Pancake Brunch and Spring Fundraiser. Please consider giving of your time and talents to support our school. For more information, or to volunteer, please contact **Kevin Sim, PAC Chair**, at kevinsim@shaw.ca or (204) 996-7451.

Finally, a reminder that PAC has a Facebook page. If you would like to be a member of this Closed Group, please email kevinsim@shaw.ca. Membership is open to CTK parents/Guardians, teachers, and school staff. Being a member of this group does not mean that other members will have access to your personal Facebook page, they will only have access to what is posted on the PAC Facebook page. This FB page is for school-related information and activities and not intended for individual business purposes and/or advertising.

Kevin Sim,
PAC Chair

SCHOOL MILK PROGRAM



Our school is part of the School Milk Program. Dairy Farmers of Manitoba supply us with incentive prizes in September to encourage our students to drink milk. Milk tickets are entered into random draws for monthly prizes. Draws are held every month of the school year.

Milk tickets can be purchased from the office. Let's make this year moo-velous!

Mrs. Piper

SEPTEMBER/OCTOBER HOUSE VIRTUE PROGRAM



For the months of September and October we have been practicing the Fruit of the Spirit Virtue of 'Self-Control'. For the months of November and December our Fruit of the Spirit Virtue is 'Joy'.

INSERVICE DAY CARE PROGRAM



Check out our Artwork in our In-service Daycare!

NOVEMBER/DECEMBER 2018 FOOD



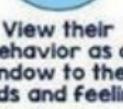
For the months of September and October we collected food for Winnipeg Harvest. For the months of November and December we are collecting canned goods and dried goods for Christ the King Parish Christmas hampers. Thank you for your generosity!



CTK Resource Corner

How to nurture a child's mental health



-  Actively listen before offering your advice
-  Be patient
-  Share your feelings and validate theirs
-  Tell the truth
-  Model healthy behavior
-  Surround them with healthy adults
- 
-  Be consistent and follow through with what you promise
-  Teach them how to be safe
-  Believe them and in them
-  Use open ended questions
-  Have scheduled family time
-  Limit electronic time for everyone
-  Reach out and hug them
-  Practice relaxation exercises together
-  Model forgiveness
-  Respond calmly when their emotions are elevated
-  View their behavior as a window to their needs and feelings
-  Make play and exercise a requirement
-  Recognize positive choices
-  Be present
-  Make play and exercise a requirement
-  Set and respect boundaries



Roots of Empathy
Racines de l'empathie

Mrs. Piper, Resource Teacher
Roots of Empathy Instructor

ROOTS OF EMPATHY

The Grade 2 students have a wonderful experience in store for them! They will be participating in the Roots of Empathy Program this year! Baby Alessio will be our little teacher. We will learn about the development of a baby and how to show empathy toward others.

A big thank you to Ms. Neves & Mr. Abreu and Alessio for agreeing to participate in the program this year!



GRADE 6 ANGEL ORNAMENT CAMP FUNDRAISER



The Grade 6 class will be selling Mary's Angels Christmas ornaments again this year. The proceeds of each ornament will be divided between the Grade 6 class's camp fund and the Marian Hour Centre. The angels are designed with a wire body with gold or silver glitter.

The Grade 6 students will be selling them at recess times during the month of November while quantities last. Each angel costs \$5. Sales will begin November 5. Thank you for supporting the Grade 6 Camp!

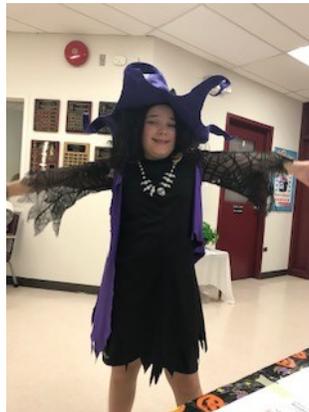
Mrs. Edwards

Student Council 2017-2018

GRADE 4 AT DEER MEADOW FARMS



HALLOWEEN DANCE



On October 18th, Christ the King School held it's Halloween Dance. Over 200 students from the Independent Schools in Winnipeg were in attendance. Thank you to parent volunteers, staff supervisors and the Student Council members for helping make our dance a success! Profits were \$892.



FROM THE STUDENT COUNCIL



On behalf of student council, we would like to thank the family of Janelle Haviland for organizing the bake sale fundraiser held on October 16. It was very successful and \$468 was raised! All proceeds will be going toward Cancer Care Pediatric Oncology.



Thank you to all parents, staff, and student council members for helping with our Halloween dance on October 18. We raised

\$892. This money, along with the money raised from the book sale we held on September 27 & 28, will be going toward the purchase of 2 document cameras.

Bag up Manitoba, in association with Take Pride Winnipeg, will be wrapping up at the end of this month. Thank you to everyone who donated their used plastic bags. This initiative, along with waste-less Wednesdays, are two of many ways that Christ the King school helps promote an environmentally friendly community.



Mr. Gawron, Ms. Danakas, Mrs. Bernardin
Student Council Teacher Advisors

BAND NEWS



The grades 6-8 band program is in full swing. All three grades are currently learning a lot of new repertoire, much of which will be performed at our first concert of the year on February 20, 2019 at 7:00 pm. The students are already doing their part by practicing on a regular basis and bringing what they've learned to the band rehearsals.

Hope to see you all in February.

Mr. Gawron
Band Director



VIDEO CONFERENCE WITH CANADIAN ASTRONAUT DAVID SAINT-JACQUES

On October 4, the Grade 6-8 students had an amazing opportunity to participate in a video conference with Canadian astronaut David Saint-Jacques. We were one of five schools in Canada that took part and only one of two elementary schools with the others being high schools. The following schools took part:

Greenall High School (Saskatchewan)

John Fraser Secondary School (Ontario)

Bonar Law Memorial School (New Brunswick)

Christ The King School (Manitoba)

Courtland Park International School (Quebec)

The event was live streamed on the Canadian Space Agency You Tube channel and can be viewed as a past live stream video. The link to it is: <https://www.youtube.com/watch?v=1ktR3eZ6GdY>
Each school asked three questions. Our students asked:

Who or what inspired you to become an astronaut?

What are you most excited about and what is your mission?

How far do you think space travel and space science will go?

David Saint-Jacques did a very good job of answering all the questions posed to him and the students enjoyed the experience. Our Superintendent of Catholic Schools, Rob Praznik, was able to attend as well!

Mrs. Edwards, Grade 6 Teacher



FUTURE SCIENTISTS?



MUSIC NOTES!!



One of the traditions at Christ the King School is our Christmas Musical. This year the musical will take place on Thursday, December 13th at 1:00 p.m. and 7:00 p.m. Students in Grades 1-5 perform the musical. As part of this Christmas event the Jr. Kindergarten and Kindergarten students will also perform. Grade Six, Seven and Eight Students are welcome to volunteer with the production of this event making it a Christ The King School community event. Grade five students are very excited as they are the actors for our play. There is much excitement amongst the students as auditions are this week!

Students in grades one to five, please be sure to visit my website where you will find the songs for our musical under the Advent Christmas Musical tab. This makes it an easy way to practice at home. My website is: mkirkwoodctk.weebly.com

Coming Music Events:

- **Wednesday October 24th at 1:00 p.m.** Bach to School Concert, Winnipeg Symphony Orchestra Small Ensemble Concert at CTK School. This is for all students.
- **Thursday November 8th,** Remembrance Day Service at our CTK School Gymnasium. Please join us.
- **Thursday December 13th** - Advent Christmas Concert at 1:00 p.m. and 7:00 p.m. Please come out and enjoy this Christmas Celebration with us.
- **Monday January 14th at 10:30 a.m.-** Grade 1-3, Musical Discoveries Winnipeg Symphony Orchestra Concert at the Winnipeg Centennial Concert Hall.
- **Spring Concert – April 17, 2019 at 9:00 a.m.** Grade 1-5. Please come out and support your children.
- **Monday May 6th** - students will celebrate Music Monday along with thousands of students across the nation.
- **Thursday May 16th at 10:30 a.m.-** Grade 4-5, Adventures in Music Winnipeg Symphony Orchestra Concert at the Winnipeg Centennial Concert Hall.



I am so excited to be back to school and to see all of the returning students as well as all of our new students.

A BIG THANK-YOU to Mrs. Mots for teaching the students while I was away!

Ms. Kirkwood



Striking a pose while playing the drum game

PHYSICAL EDUCATION NEWS



A HUGE thank you goes out to the entire Christ the King community. Through your generosity, on-line donations towards the Terry Fox Foundation reached 1,344.00 for 2017-18. The on-line

donations, as well as what was collected before and during our 2017 Terry Fox Run, is greatly appreciated by the Terry Fox Foundation. On-line donations for 2018-19 school year are operating right now, and at this point, including what was raised by the students, we are at just over \$225.00. Here is our online password for the entire Christ the King community to log-in on to donate: Our URL: <http://www.terryfox.ca/ChristtheKingSchoolWinnipeg>. If the site asks for a Username, it is 2018MB1913. Password is CUREMB2489. You can also order Terry Fox merchandise on this site as well.

Our grade 6 and 7 student athletes are participating in MCSAA league volleyball, with Christ the King



supporting three teams this season, two in the competitive and the other in the developmental league. The Competitive boys, coached by Mr. Romeo, and the Competitive girls, coached by

yours truly and Mr. Harrington, both have 1 win and 3 loss match records in league play. Our Developmental boys are coached by Mrs. Malo, and have displayed great improvements in each of the three matches they have played so far.

In our Physical Education classes, the grades 4-8 students are learning the skills of volleyball, and the grade 3,4, and 5 students have been introduced to the game of Team Handball as well. Our Kindergarten to grade two classes are being taught the basics of movement education during class time.

Safety is an important component of every physical education class. At the SAGE Conference I attended, one of sessions that stands out was on concussions, and concussion protocol. A very basic assumption and myth is that concussions can only occur when there is a blow or hit to the head, and that it needs to be a heavy or hard object. The fact of the matter is concussions can and do occur when there is any sudden jarring of the neck and head area, and it doesn't have to be some sort of contact with the head. As a physical education specialist I always enforce safety, and always err on the side of caution when an incident occurs. Please take the time to explain to your child the importance of playing in a safe manner. It is very important that everyone communicates the message of "safety first" to the young ones. After bruises and cuts, muscle tears and broken bones, concussions is now third in terms of the most common injuries that happen to our youth. That indicates Concussion Awareness and Prevention is of the utmost importance.

GO ROYALS...

Mr. Kalichak, Physical Education Specialist



FIELD TRIPS, COACHING AND OVERNIGHT CAMPS

As mandated by the Archdiocese of St. Boniface and Winnipeg and the Catholic Schools Commission, **all volunteers who may be left alone with students during the regular school day or persons acting as supervising volunteers on overnight field trips, camping trips or coaching students are required to complete a Child Abuse Registry Check and Criminal Record**

Check. Forms for the Child Abuse Registry Check can be obtained from the school office - there is no charge for this check. The Criminal Record Check must be done on your own either online or in person at the Winnipeg Police Service station, 245 Smith Street. If you are using this for school purposes, the cost will be reimbursed to you once you submit your receipt to the office.

HAVING FUN AND STAYING SAFE

The following rules are designed to keep our students safe. These are the points that all staff and students are expected to follow and that are emphasized each and every day. Please read the following and review them with your child(ren).

BEFORE SCHOOL

- The front door on Lennox is not to be used. Enter the school from the back entrance. Front doors are only to be used when late.
- Back packs and band instruments are to be kept outside (large projects may be brought into the classroom).
- Only one person from each classroom can come in to get a ball and only with the supervising staff's permission.
- At bell time, enter the school quietly when the doors are opened by the supervising teacher. Enter the school in single file and proceed to your classroom.
- If you are late, and are not in the classroom for announcements and O Canada, stand quietly and wait until they are over before proceeding to your classroom.
- Remove all hats when entering school.

HALLS AND INSIDE THE SCHOOL

- Walk quietly, no running, not disturbing the classes.
- Change classes quietly.
- Respect hallway displays and property.
- Respect everyone (students, staff, parents, and visitors).
- No loitering in the washrooms. Staff will check washrooms when they are in the area to enforce this.
- Staff will supervise and line up students before dismissing for recess.
- JK-3 staff will escort students to the back door. 4-8 staff will ensure quiet exiting from the school.
- Staff will escort and pick up students from all specialty classrooms.

RECESS AND OUTDOOR LUNCH

- Proceed to the doors as soon as the bell rings.
- Enter the school quietly and in single file.
- No playing on the bike rack.
- No "rough play" or play fighting during recess or during lining up.
- Tag games and grounder games are not to be played on the woodchips (fibar) area.
- Students will slide down slides one at a time, on their seat and feet first.
- Students will not jump off the top of any play equipment.
- Climbing only is allowed on new net climber and existing play structure climber.
- Oodle double swing use **is limited to 4 students per swing** sitting during use.
- Topsy Turny spinner **max 2 mins and take turns, 6 students max gr 4-8 and max gr K-3**
- Games with balls or throw equipment to be played only on the field or hard top.
- Close-toed shoes must be worn outside at all times.
- Wait your turn, no pushing or pulling while waiting in line.
- Follow the schedule for field use.
- Appropriate language is to be used at all times.
- A ball can only be retrieved from outside the school grounds when the supervising teacher is asked and they monitor the student getting the ball.
- During recess, you may only re-enter the building with the supervising staff's permission.
- Supervising staff will ask any students who are breaking rules to stand against the wall for the remainder of the recess. Serious infractions need to be reported to the principal. Incident forms will need to be filled out by supervisors and students.



PICK-UP & DROP-OFF — ABSENT/LATE

****DRIVE THROUGH DROP-OFF AND PICK-UP IS NOT PERMITTED IN THE PARKING LOT.**

The parking lot is a hectic place before and after school. For the safety of all students and visitors at Christ the King School we have two options for getting your child into the schoolyard **safely**:



1) Park and Walk – Parents/Guardians are welcome to park in the designated spot in the parking lot next to the school yard. Students can then exit the parked vehicle and walk (or be accompanied) through the parking lot to the school yard. Before/After school students must be signed in and out when being dropped off or picked up.

2) Quick Drop – Parents/Guardians can stop along Fernwood Avenue to drop students off. Children can enter the school yard through the gate on Fernwood Avenue near the school bus loading area. *Please avoid blocking the designated school bus stop. In consideration of our neighbours in the community, please avoid using private drive-ways to turn your vehicle around.



Absent/Late — Following the policies of the Parent Handbook, it is the parents' responsibility to call the office (204) 257-0027 or email office@ctkschool.ca (cc. your child's teacher) if your child will be absent or late. If we do not hear from you, it is our responsibility to contact you to be sure your child is safely with you or a guardian.

THANK YOU FOR KEEPING OUR STUDENTS SAFE!

November

NOVEMBER EVENTS

- * All Saints Fair—Nov. 1
- * Picture Retakes & JK Photos—Nov. 6
- * Fun Lunch (Subway) order deadline—Nov. 7
- * Report Card Writing - NO CLASSES—Nov. 9
- * School Board Meeting followed by AGM—Nov. 14
- * Fun Lunch (Subway) & Multicultural Day—Nov. 15
- * Report Cards Distributed—Nov. 20
- * School Mass —Nov. 22
- * PAC Meeting—Nov. 22
- * Feast of Christ the King—Nov. 25
- * Parent Teacher Conferences—Nov. 29 (early dismissal 1:55pm) & Nov. 30 (NO CLASSES)

Sunday, November 4th

