

# CHRIST THE KING SCHOOL

## SPRING 2023



### In This Issue:

- Principal's Message
- Extra Curricular Activities
- Honour Roll
- Upcoming Events



### PRINCIPAL'S MESSAGE

Dear Parents/Guardians,

Another busy term has come and gone and we are ready for Spring Break! We enjoyed many educational and fun activities since our last newsletter. You will see all of our hard work and celebrations in the upcoming pages.

We began the new year offering many extra curricular activities to our students ('I Love to Read', Band Concert, Ski trip, Basketball, Book Fair, Lego, Chess & Homework clubs to name just a few). None of this would be possible, without the leadership, commitment and hard work of our staff and of the many volunteer parents & grandparents who helped out. My sincere thanks for all your contributions.

We were able to once again offer our 'Learn to Skate Program' in grades 2, 3 and 4 as part of our Physical Education Program, covering all five curriculum outcomes, developing student confidence with balance, coordination and body strength. Students were taught by qualified Can-Skate instructors during the program at Dakota Community Centre. We included our Grade 4 class this year as, with Covid19 closures over the past two years, they were unable to participate.

Catholic Schools Week consisted of many fun activities—glow bowling, sock hop, Festival du Voyageur Day. Grade 7 & 8s also spent a day at Fort Whyte enjoying many outdoor activities. For the sock hop, our entrance fee was a pair of new adult socks which were donated to Main Street Project. We collected 584 pairs!

Our School Board began its Strategic Planning process to take us over the next five years. Parents and staff were invited to participate in a questionnaire about the good things already happening at our school and asking for input in making things even better. Our school community is already working together to make our school the best it can be.

We began our Lenten journey with Shrove Tuesday where our many volunteers prepared delicious pancakes and sausages for our staff and students, followed the next day with our Ash Wednesday mass. During Lent we highlight the importance of prayer, doing good works and giving of ourselves where help and love is needed. Setting a great example of love and giving were our many volunteers who gave their time and talents for the joy of our school community in preparing this lovely lunch. Thank you to all of you.

Lastly, we wish Mrs. Susan Finnigan, our Finance Officer, all the best in her plans as she steps back from CTK to enjoy some well deserved free time. Mrs. Finnigan has been with CTK, first as a parent, and then in our Finance Department for 16+ years. She will still be around off and on until April 11th transitioning our new Finance Officer, Mrs. Mary Wolanik.



May you and your family have a fun-filled Spring Break, coming back refreshed and ready to continue the last leg of our school year. There is still much to do!

Lenten blessings,

Laura Carreiro, Principal



Dear CTK Parents,

Some people ask me why we volunteer at the school so much. Why do we get involved? Why do we invest so much energy in the school? Why serve in PAC? Well to be honest, there are times we ask ourselves those same questions. Why get involved? Why volunteer? The truth is, we want to help make a difference in our school, we care because it's the right thing to do. The best way to help our children is to be a role model, to be involved in their education and to show them how important they are. The PAC gives us the mechanism to do just that.

We are so lucky to be part of the CTK community, to be part of a group of caring parents, committed, dedicated and concerned.

For PAC activities to continue in the future PAC NEEDS YOU. We're always eager to find more great people, like you, to help us. **For the PAC to be effective and truly representative of the school, everyone's participation is essential – together we can.** We want everyone to feel that they are part of the CTK Community. Whether you have 30 minutes or a couple of hours, your ideas, your time, and your talents are truly needed and welcomed. We can match your time constraints and interests to needed tasks. There are endless possibilities in ways you can help. Please consider volunteering; it really does make a difference in the lives of all our children! Involvement at the school also makes it easier to establish positive relationships with teachers and other parents. We promise that the time you give our group and the school will be worth your while; and fun!



Hot Dog Day Volunteers!

#### COMING SOON

- \* MLCC Gift Card raffle will be starting in May. Booklets of tickets will be distributed. Sale will not be online. Volunteers needed.
- \* Family Movie night on April 27<sup>th</sup>.

Enjoy your Spring Break, warmer days are just around the corner.

Colin Potter and Charleen Choboter  
CTK PAC Co-Chairs



## ROOTS OF EMPATHY



Roots of Empathy  
Racines de l'empathie

Matias came to visit and was very interested to see all the boys and girls! Matias was very happy when he was standing during the visit. He has very strong legs! Lying down exercises were not ones he enjoyed. He was also a bit fussy during

the visit and we sang him several songs which he enjoyed listening to.

We weighed and measured Matias and marked it on the chart. He has grown so much since his 5 week measurement!

Our theme this month was "Sleep". The students had lots of questions about how Matias sleeps. Mrs. Murphy shared that he uses his sleep sack and bottle as transition items to help him to sleep. He was also wearing a comfortable pair of pajamas during his visit. We sang Rock-a-Bye Baby to Matias at the end and he seemed to enjoy it! See you next time, Matias!



Mrs. Piper, Resource Teacher  
Roots of Empathy Instructor



## WISE KIDNETICS



Since 1990, WISE Kidnetics has enthralled, educated and motivated the youth, including young girls, into exciting careers in Engineering and Science. They provide hands on, memorable, curriculum-based workshops for schools, clubs, camps and more. Their presentations keep learning interesting and interactive.

In January the Grade 4 & 5 class participated in a WISE Kidnetic workshop.

## GRADE 2 TO MTYP



Grade 2 at an  
MTYP production  
in January.



## CTK VISITORS



Constable Darrell Hees came to speak to the grade 2 class about bullying.

Mr. Brian Mayes, City Councillor for St. Vital, reading to Gr. 8s. During 'I Love to Read' month.



## OUR SKATING PROGRAM



Grade 2



Grade 3



Lending a helping hand!



We began our Skating Program in January for our Grade 2, 3, & 4 classes. Many of our students had not been on skates before so this was a very exciting activity for them. It was extended to our Grade 4 class this year as they had not had this opportunity due to Covid19 these last 2 years. Everyone had a great time!

## MULTICULTURAL DAY



We always love celebrating Multicultural Day. Because we are always wearing uniforms, it is amazing to see the many cultures that make up our school community when we are invited to wear our traditional clothing.



## JK FUTURE ARCHITECTS



Look what we built!

We may be small, but we are MIGHTY!

Our JKs have been studying the technical disciplines of STEM (Science, Technology, Engineering and Mathematics).

A piece of interesting Wikipedia information ....

Canada ranks 12th out of 16 peer countries in the percentage of its graduates who studied in STEM programs.

Never too early to start!

## GRADE 3 COUNTRY PROJECTS



Grade 3s were hard at work putting together these very impressive projects of countries around the world. They were featured in our hallways during our Open House to show those in attendance just some of what we study in Grade 3.



## CATHOLIC SCHOOLS WEEK

### Glow Bowling



### Sock Hop



We celebrated Catholic Schools Week the week of Feb. 13th.

So much activity, so much fun!

JK—Gr. 6 went glow bowling on Feb. 13th and 14th, Feb. 14th we had a Sock Hop. The price of admission to get into the dance was a new pair of socks. We collected 584 pairs donating them to Main Street Project.

On Feb. 15th Gr. 7 & 8 students, staff and volunteers spent a long, fun, but tiring day at Fort Whyte



Centre (see page 10 for more info) and Feb. 16th was Festival du Voyageur dress up day (on page 8).

## VOYAGEUR DAY



YUM!!



February 16th was Festival du Voyageur dress-up day. Loving the plaid in Kindergarten and the bannock Mrs. Malo prepared for her Grade 1 class! First class mini sashes were made by the Grade 3 class!



## LEGO CLUB



Lots of creativity during Lego Club. Lots of fun and community building for the students too!

## I LOVE TO READ



February was 'I Love to Read' Month. Thank you to our visitors who came to read to our classrooms (above—Grandma in JK, K of C member in Gr. 2.) Even our Principal, Mrs. Carreiro read to the Gr. 1 class.

We also had the older grades do some Buddy Reading with our younger students (below – Gr. 4 reading with JK).

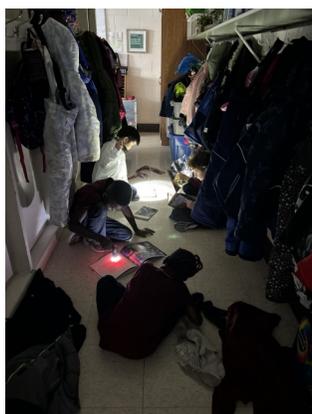
Reading by flashlight was also a big hit!



## BUDDY READING



## FLASHLIGHT FRIDAY



## February 2023 Honour Roll

### Grade 7

Andrea Abraham  
Femi Akindipe  
Mharion Aplao  
Mya Bestwater  
Therese Cordova  
Jaycob Cuevas  
Owen Emslie  
Mathis Longstaffe  
Ossy Musa  
Blossom Odum  
Tolu Ogunlesi  
Bolton Rolfe  
Julia Scott  
Azlaan Shah  
Emma Sim  
Fisayo Sofoluwe

### Grade 8

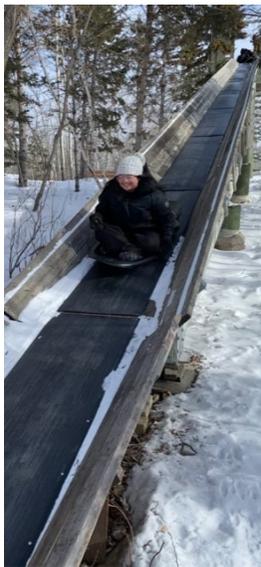
Nicholas Chiola  
Adrian Cuevas  
Holly Flint  
Mya Johnson  
Gabrielle Mendoza-Buenventura  
Elizabeth Morris  
Varchasva Singh  
Makenna Stratton  
Izabella Ventura  
Izeyah Ventura  
Shikha Vinod  
Cameron Wardrop



### GR. 7 & 8 TO FORT WHYTE



## GR. 7 & 8 TO FORT WHYTE CONT'D



On Feb. 15th, our Grade 7 & 8 students, staff and parent volunteers spent the day at Fort Whyte Centre enjoying lots of outdoor fun! With all that fresh air, everyone was tired by the end of the day!



## SHROVE TUESDAY

Shrove Tuesday, the day before Ash Wednesday, is the last day of the liturgical season of Ordinary Time before Lent begins. It is typically viewed as the last day to celebrate and eat indulgent foods since Lent is a penitential time of fasting. Thanks to Ms. Anna Stangherlin and her many volunteers, our students and staff definitely celebrated well, enjoying a pancake lunch with all the fixings!



## SHROVE TUESDAY VOLUNTEERS!!



## ASH WEDNESDAY MASS



## INSERVICE DAYCARE



Mrs. William's art theme for the Inservice Daycare on Feb. 17th was about the love of God and of others during the season of Lent. During Lent we are asked to live simply giving up treats (fasting), praying for those we love and those in need and giving generously to those around us. The Lenten season is an opportunity to grow closer to God, to remember Jesus' life and death, and to focus more on Him and less on ourselves and our busy schedules.



## BOOK FAIR



Thank you to everyone who supported the Book Fair. We sold \$4905.56 in books with a profit for our school of \$2712.79.

Congratulations to Milan in Kindergarten who won the "Guess How Many" contest with a guess of 503 'boulders' in the jar containing 504 'boulders'. The winner of the Family Draw was Layo in grade 3. Layo received \$25 in free books and Mrs. Pol won \$25 in free books for her classroom.



## PHOTO OP WITH THE PRIME MINISTER

Former CTK student, William L. was playing basketball at the YMCA after school on Friday, March 3rd. Prime Minister Trudeau happened to be there meeting with Premier Heather Stefanson to make his government's new childcare announcement. William knew Prime Minister Trudeau was there and he really wanted to get his picture with him. He waited for him to finish his lunch and come out of the room, then asked if he could get a picture with him. He happily obliged. How cool is that!

## MIGHTY MIKE, THE DRAGON'S ADVENTURE!

Written by: Junior Kindergarten 2023



Once upon a time there was a mermaid and her friend, a sea monster. Rowen, the mermaid, and Vince, the sea monster twirled all the way to the beach. At the beach they saw an Alien, his name was Birus. All of them see a Castle with a dragon. The dragon wanted to eat them. They fought the dragon. The alien, Birus, beams the dragon up to outer space.

The friends all enter the castle where they see a knight.

The knight defends his castle with his sword.

Rowen, Vince and Birus run away back to the beach.

The dragon, named Mighty Mike, flies back down to earth using his dragon wings. He wants to be friends with Rowen, Vince and Birus, now.

All of the friends build their own castle and live happily ever after!

The end.



## ORIGAMI CLUB



Thank you very much to all the grade 2 and 3 students who came before school for Origami Club every Tuesday morning making the Origami club a fun-tastic one! We had a great time making Origami animals. We folded our animals and made them come to life by adding eyes, feet and colour to them. We learned different types of folds and tricks to make Origami animals stand up. We also learned

how to make Origami hearts on Valentine's Day.

Thank you to Ms. Proulx for helping out as well!

- Mrs. M. Pol



## BAND CONCERT

I wanted to take this opportunity to thank the students, parents, and staff for their support of our recent grade 6-8 band concert on March 2<sup>nd</sup>! It's hard to believe that it has been three years since the last in-person concert that included family and friends. This was certainly a great opportunity for the students to truly experience band. The students worked very hard and did a great job preparing the pieces for the performance. A big thank you and well done to all the soloists who volunteered to showcase their talent to an audience, as well as the grade 7/8 Jam Band for their preparation and excellent performance. The concert itself was a great learning experience. My continued thanks to the families and staff for their ongoing support of the Christ the King school band program. I will be letting families know well in advance if we will be having another concert in early June.



Thank you very much.

Mr. Gawron,  
Band Director



---

## INSPIRED BY THE SCIENCE FAIR

Junior Kindergarten was inspired by the science fair and we wanted to do our own volcano experiment. So we mixed Baking Soda, Red food colouring and vinegar and we had a volcano in our class room. It even left "lava" behind on the paper towels.

While talking about the Seed Bomb Fundraiser we started talking about taking care of plants and how they grow. So we did a science experiment where you put a cut Celery stalk in water and red food colouring and over a few days the food colouring will seep up the veins of the stalk and turn it red. Like the roots in a plant.

They LOVED it!





## SCIENCE FAIR



On Wednesday, March 15 CTK School had our first Science Fair since 2020! Student projects were judged in the morning by individuals from the University of Manitoba, and industry, and displayed their projects for parents, family, friends, and the rest of the school community that afternoon.

Congratulations and a big thank you to all the students in Grade 6, 7, and 8 for their hard work on their projects! You all did a great job and the judges were impressed by your originality, creativity, curiosity, and the interesting topics you chose. We would like to thank the parents for supporting your child in this learning event, and thank you to everyone who was able to make it out to see the projects. Also, a big thank you goes to Mrs. Carreiro and the CTK staff for supporting us in this endeavor.

All students are welcome to enter the Bison Regional Science Fair on April 18-20. There will be a fee (TBD) and the registration deadline is April 12. For more information and an event schedule, please see <https://youthscience.ca/bison/>. All the students are also eligible to go to the Manitoba Schools Science Symposium (MSSS), which is April 20 – 23 at the University of Manitoba. Registration deadline is April 2. All the information for entry requirements can be found on their website [www.msss.mb.ca](http://www.msss.mb.ca) for those who are interested. Please let your teacher know if you need help with the registration.

The results of our science fair are as follows:

**Grade 6:** 1<sup>st</sup> Madison and Mila How Does Changing Temperature Affect the Growth of Crystals  
 2<sup>nd</sup> Adonay Do Video Games Damage Your Brai  
 3<sup>rd</sup> Gabriel The Effectiveness of No Waste Compost Fertilizer Over Store Brand Fertilizer

**Honourable Mention** Quinn and Kenzo-Magnet Experiment



**Grade 7:** 1<sup>st</sup> Bolton Measuring Food Waste in Winnipeg Households  
 2<sup>nd</sup> Emma Child Proof?  
 3<sup>rd</sup> Mathis What Is the Most Dirtiest Part of a Family Washroom?



**Honourable Mention** Jaycob and Ossy - Robot Buggy and Raspberry Pi



**Grade 8:** 1<sup>st</sup> Elizabeth (tie for Gold) Are Colours Lying?  
 Gaby (tie for Gold) Is Energizer Lying to Us?  
 2<sup>nd</sup> Adrian and Varchasva Is Your Hair Special?  
 3<sup>rd</sup> Mya Rare Earth Hypothesis



**Honourable Mention** Shikha-Does Temperature Affect the Bounce of a Tennis Ball?

Thank you again, Mrs. Edwards and Mrs. Bernardin

## PHYSICAL EDUCATION NEWS

Congratulations go out to our Competitive Boys basketball Royals for a very successful season. Unfortunately, it came to an end on March 15<sup>th</sup> at the hands of the St. Charles Chargers with a 60-44 loss in MCSAA quarter final action. The boys were in a five team tie, at 5 wins and 3 losses in league play, and after tie-breaking scenarios, finished in 7<sup>th</sup> place. The difference between finishing 3<sup>rd</sup> and 7<sup>th</sup> was by a mere 7 points.



In first round playoff action they easily disposed the St. Maurice Patriots 59-29. Their overall record was an im-

pressive 6 wins and 4 losses.

The teams were led by graduating grade 8's Imisi, Cameron, Adrian, and Samuel. The core is in good hands for next year with grade 7 student athletes Fisayo, Owen, Rafey, Jaycob, Josh, Ossy, Mathis and Victory.



Our Developmental Royals (grade 6 team) started slow but ended well with a two win, four loss record in league play. They slowly but surely learned the concept of playing as a team, and worked hard to the end. A season ending tournament did not happen as no schools had time to host, but there may be a tournament in early May. Stay posted.



The MCSAA moves away from team sports at the moment for league badminton in April with a season ending tournament the first week of

May. The league is open to any grade 7 and 8 students, with a grade 6 tournament being proposed and finalized as well (which I hope pans out!).

The month of May will see our school track and field meet for students in grades 4-8, in preparation for our MCSAA track meet on June 5<sup>th</sup> for grades 7 and 8, and June 13<sup>th</sup> for the grades 4-6 students. Those who qualify at our track and field meet in May will have the first opportunity to be on the track team for the June meets, which will be held at the University of Manitoba.

On May 24<sup>th</sup> there will be a grade 7/8 soccer tournament at the South End United soccer pitches on Grant Avenue. Grade 6 students can also have the opportunity to play if there is room as there is a 15 player limit per team.

May will also feature our Terry Fox Run, and we are hoping to have a Jump Rope for Heart event as well. Any parents that wish to volunteer for either events are more than welcome.

Also, if you want to help volunteer coach with badminton, track and field, and soccer, please send me an email at [dkalichak@ctkschool.ca](mailto:dkalichak@ctkschool.ca)

Even though September is 6 months away, I am in need of parent coaches for volleyball, basketball and other sports for next school year. All students in grades 6-8 should have the opportunity to be a Royal, but it can only happen with coaches in place. If you are interested, also send an email or notify the school office on what is required to become a Royals coach.

Since January, the Athletic Department has been very busy, with a successful grades 2-4 Learn to Skate Program held at Dakota Community Centre, bowling during Catholic Schools Week for grades JK to 6, an outdoor education experience for our grade 7 and 8 students at Fort Whyte Centre, a grade 7 and 8 ski trip to Springhill Sports Complex.

## PHYSICAL EDUCATION CONT'D

Thank you to all the parent volunteers who made these events a huge success.

In conjunction with the Knights of Columbus, in gym class all students in grades 4-8 competed in the K of C Free Throw Competition, after a three year absence due to Covid-19. Here are the top three Free Throw student athletes from grades 4-8. These students will receive either a gold, silver or bronze medallion from our Knights of Columbus.

Unfortunately, only a few schools did the School Level Competition, so there was no city wide or provincial level competitions this year.

### Grade 4 Girls:

1) Evangeline 2) Keeva 3) Phillan

### Grade 4 Boys:

1) Rowan 2) James 3) Isaiah

### Grade 5 Girls:

1) Sabrina, 2) Selena, 3) Chelsea

### Grade 5 Boys:

1) Richard, 2) Ben, 3) Joba

### Grade 6 Girls:

1) Alexandria, 2) Madison, 3) Georgia

### Grade 6 Boys:

1) Dante, 2) Kenzo, 3) Quinn

### Grade 7 Girls:

1) Emma, 2) Theresa, 3) Temi

### Grade 7 Boys:

1) Rafey, 2) Fisayo, 3) Mathis

### Grade 8 Girls:

1) Chanti, 2) Elizabeth, 3) Mya

### Grade 8 Boys:

1) Imisi, 2) Cameron, 3) Adrian

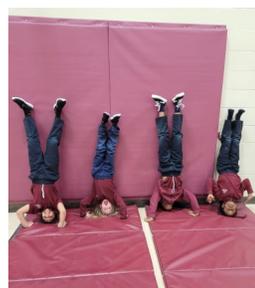
Awards will be presented sometime in April. Congratulations to ALL students, who improved immensely throughout the gym classes.

Have a fantastic spring break. Stay active, healthy and fit.

Yours in Sport!

Mr. Kalichak

Physical Education Specialist



## RIDING THE BUS



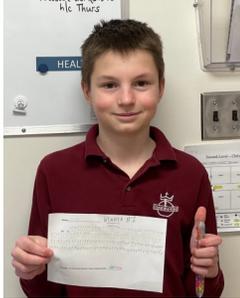
JKs first bus ride!



Kindergarten!

## PI DAY

There was some irrational activity on March 14 in the grade 7 and 8 math classrooms! In honor of Pi Day, students enjoyed a slice of pie. Math never tasted so delicious! Interested students also participated in a Pi contest to see how many digits they can memorize. Congratulations to everyone who participated and memorized “random digits”. A special shout out to our top three scorers in each grade. Owen now holds the new CTK record for memorizing the first 200 digits of Pi!



## Gr 7 & 8 SKI TRIP



On Friday, March 17th, our Grade 7 & 8 classes attended the annual Ski Trip at Springhill Sports Complex. Many ‘ups’ and ‘downs’ but everyone had a great time. Thank you to Mr. K and the Gr. 7 & 8 staff who helped make this trip possible!



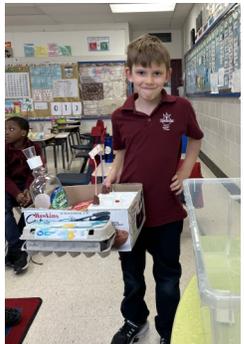
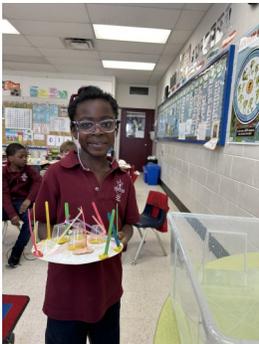
## ST. PATRICK'S DAY



## GRADE 4 SOUND PROJECT



## GRADE 2 STEM ACTIVITY



The grade 2 class participated in the boat making challenge. They applied their learning about buoyancy and density. Using only recycled materials, the students made some really neat boats. The majority of the class created boats that would support more than 14 coins in water. Great work, grade 2s!

## GRADE 6 LUNAR GATEWAY CHALLENGE



The Grade 6 Class participated in the Lunar Gateway Challenge through Kids Code Jeunesse and the Canadian Space Agency where students invented a robot that might operate on the Lunar Gateway or the Moon. They drew a design and explained what decisions the artificial intelligence for the robot would make. The class won runner-up in this national contest, and received 40 micro:bits, a Strawbees School Kit, and a Strawbees Robotics Inventions for micro:bits set. The students will have an

opportunity to use these prizes in the third term. The prizes are worth up to \$2000 US!



- April 2—Palm Sunday
  - April 3—Classes Resume
  - April 6—Holy Thursday
  - April 7—Good Friday—NO SCHOOL
  - April 9—Easter Sunday
  - April 10—Easter Monday NO CLASSES
  - April 12—School Board Meeting 7:00PM
  - April 17—Early Dismissal 1:55PM
  - April 21— Fun Lunch—Theme earth colours
  - April 22—Earth Day
  - April 26—School Mass 10am
  - April 27— PAC Movie Night
  - April 28—PD Day—NO CLASSES (Inservice Day—care available—must pre-register)
- SHOPS for Gr. 7 & 8—make own arrangements for drop off and pickup

- May 8—Early Dismissal 1:55PM
- May 11—School Mass—10:00AM
- May 12- Hot Dog Day
- May 13—Fun Lunch Order Cut Off
- May 14—Mother’s Day
- May 16—PAC Meeting 7:00PM
- May 17—Virtual School Board Mtg. 7:00PM
- May 18—Subway Fun Lunch—theme Sports day
- May 21—Colour Day, Spring/Summer Clothing Day wear bright colours
- May 22—Victoria Day No School
- May 24—MB Catholic Schools Soccer Tournament



- June 9—Year end mass 10am
- June 12—Gr. 7/8 Exams—am/ Early Dismissal 1:55pm
- June 13—Gr. 7/8 Exams am
- June 14—Gr. 7/8 Exams am
- June 14—School Board Meeting 7pm
- June 15—No classes for Gr. 7/8—marking day
- June 16—Report Card Writing Day—NO CLASSES
- June 22—Gr. 6 camp
- June 28—Last day for JK & K/ Gr. 7 & 8 SHOPS
- June 29—Gr. 8 Grad Mass at 10:00AM & Award ceremonies/ K Celebration at 2:00PM
- June 30—Last Day of School/Report Card Distribution/Colour Day—Red & White for Canada Day

March 27 to April 2—Classes resume April 3rd

