



CHRIST THE KING SCHOOL WINTER 2019

PRINCIPAL'S MESSAGE

Dear Parents/Guardians:

As an educator, it is a joy to work in a catholic school and be able to celebrate our faith. I am filled with gratitude for having the opportunity to work with such a wonderful and caring community of learners. It is hard to believe that the first term is over and 2020 is just around the corner.

Our students and staff worked hard preparing for our Christmas concert that took place last week, "The Christmas Story" written and directed by Mr. Shawn Coughlin, owner and director of Academy of Music. Both the matinee and evening performances were well attended. Special thanks to our concert committee: Mme Kist, Ms. Danakas, Mrs. Pol and Mrs. Bernier and to Elena and Polina for their pre-concert musical performance. This concert was an amazing moment, for us to ponder on the birth of Jesus to build community.

One of Christ the King School's pillar is outreach both locally and globally. During the Advent season, students in grades 2 and 8 volunteered at Winnipeg Harvest and brought food to them. More recently, the entire school collected non-perishable food items and money for Christ the King Parish Christmas hampers for eleven families. In addition, several bags of outerwear were donated to Koats for Kids program this week. Globally, we continue to sponsor our foster child **Goodluck John Haul**, who is 9 years old from Tanzania.



As part of our mission statement, staff continuously provide students with many enriching opportunities outside of regular curriculum. A special thanks to our staff and parents who helped to supervise our games and coached our volleyball teams. Congratulations to the School Royals Competitive Girls Volleyball team, winners of the bronze award in the Manitoba Catholic Schools Athletic Association (MCSAA). Coming up in the new year, students will have a variety of clubs & activities that they may participate (from origami, chess, K'nex, making cards, intramurals, basketball to contemporary dancing).

It is that time of the year, when schools are organizing their Open Houses. Christ the King School Open Houses, will take place on **Feb 5 (Wednesday)** and **Feb 27 (Thursday)** 2020 at 7:00 pm in the school gym. If you know anyone interested in our school, kindly encourage them to attend one of our open houses. New this year upon parent request, is a revised JK Program for 4-year-old children (each child must be 4 years old by December 31, 2020). The program will run full time (Monday through Friday) or 3 days per week (Monday, Wednesday and Friday–full days). Our Kindergarten program will run full time (Monday to Friday). Please download the application from the school's website or pick up a copy from our office. All applications for JK and K for 2020-2021 are due to our office **no later than March 6, 2020** to guarantee your child a spot. All applicants will attend an interview process and acceptance letters will be mailed home before Spring Break. Late applications will only be accepted if space is available!

I would like to thank all our families for your support and commitment to our school. I wish you all a blessed Christmas and a New Year filled with peace and joy.

Sincerely,

Mrs. Laura Carreiro, Principal



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MESSAGE FROM THE SCHOOL BOARD

We are proud to announce that Devin Evenson has joined our School Board. Devin is a Professional Engineer at Manitoba Hydro with over 15 years of experience in the buildings industry focusing on energy efficiency and sustainability. He has been a proud parent at CTK since 2011, with his daughter in grade 5 and son in grade 7. He is also an active youth coach for both his children's hockey teams. The Evenson's attend the Parish of St. Timothy.

Devin brings a wealth of experience in a key area of priority for the Board as we examine how we use energy in the school and community. Devin will remain an *ad hoc* member of the Board until formal elections take place annually by vote at our AGM in the fall. Welcome Devin!

Mike Desautels
Board Chairperson

PARENT ADVISORY COUNCIL (PAC)

Christmas is just around the corner which means we are about to wrap up another busy calendar year.

As PAC chair, I have the privilege of working with so many committed parents, grandparents, friends and family who support the PAC activities year-round. Without your volunteerism, a lot of what we do would not be possible. Thank you to everyone who has lent a hand in some way by supporting our events and initiatives with your time, talents and treasure.



From a fundraising perspective, we are off to great start having raised over \$8,000 between our new Farm to School and recently completed Wine Raffle fundraisers. Congratulations to the winners of the wine raffle—Kathy Brown (1st), Jeverlita Dampil (2nd), Sonia Valdes (3rd) Darren Nowosad (4th) and Aislinn Kleber (5th). Also, there have been



donations of wages and contributions from the hours worked at the polling stations for the federal election in October that should put us well over \$10,000 so far. Great work and another thank you to all!

2020 is already shaping up to be a busy year. Save the date of February 15 in your calendars as we will participate in the Manitoba Moose Catholic Schools Fellowship program again. More details will come in the new year but be sure that it will include fun filled afternoon of fellowship at an exciting Manitoba Moose hockey game!



On behalf of PAC, I would like to wish all students, families and staff at Christ the King School a very Blessed Christmas and prosperous New Year.

Kevin Sim, PAC Chair



GRADE 2 TO WINNIPEG HARVEST



GRADE 5 TO WINNIPEG ART GALLERY



MAD SCIENCE



FORMAL DAY



INSERVICE DAYCARE ART



GRADE 3 SCIENCE

The Grade 3 class has learned all about structures in our Science unit "Materials and Structures." Near the end of the unit, each student chose a famous structure they would like to research. We watched many videos about famous structures to pick one - because they were all very interesting to learn about. We had the opportunity to have the Grade 8 class mentor the Grade 3's in helping them research their famous structure. Thank you, Grade 8 class for mentoring the Grade 3's. They could not stop talking about how much fun it was working with you.



Thank you,
Mrs. M. Pol

GRADE 8 TO WINNIPEG HARVEST

On Thursday December 5, 2019, the Grade 8 class volunteered at Winnipeg Harvest. We first gathered in the Volunteer Village and learned about the role of Winnipeg Harvest in our province. First and foremost, Winnipeg Harvest serves as a distribution centre to urban and rural food banks, soup kitchens, day cares and youth programs. Volunteers are an integral and valued part of this organization. Every hour is logged! It is estimated that the annual volunteer hours are equivalent to over 60 full-time jobs.

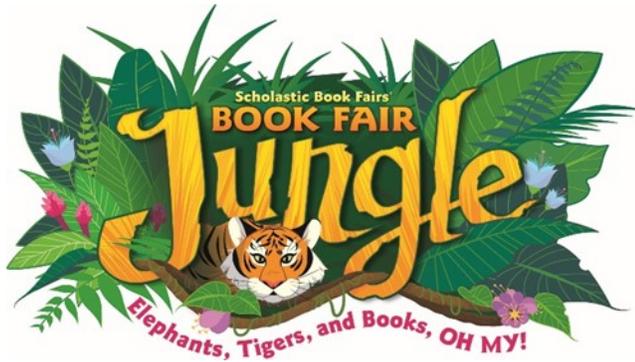
During our tour of the warehouse, we saw many volunteers busy in various capacities. Some were sorting non-perishable items while others were breaking down bulk items into smaller packages. We also witnessed volunteers packing perishable items that were going to be delivered to soup kitchens immediately.

After our tour, we donned our hair nets and were put to work sorting, weighing and labeling 25 lb bags of potatoes and onions. We worked hard for over an hour and filled two large crates of veggies ready for distribution.

It was a great afternoon of teamwork and we appreciated the opportunity to contribute to our community.



LIBRARY NEWS



February is "I Love to Read Month" and we are excited to be having our Annual School Book Fair on February 19th and 20th, 2020. This year our theme is "Elephants, Tigers, and Books, Oh My!" for elementary and "It's a Jungle Out There!" for middle school years. Please join us

and support your child's reading and our school library by escaping into the wilds of reading with our Scholastic Book Fair!



GRADE 5 TUSC (TOTALLY UNIQUE SPEAKING CLUB)



Ace Burpee visits the Grade 5 classroom for TUSC

NEW CHROMEBOOKS



Students using our new Chrome Books

GRADE 6 MARY'S ANGELS



Thank you to everyone who bought Mary's Angels in support of the Grade 6 Camp and the Marian Hour Program. We sold 190 angels.

Mrs. Edwards and the Grade 6 class





CTK Resource Corner

Anxiety and Children

Fearful and anxious behaviour is common in children – especially as they come across new situations and experiences. Most children learn to cope with different fears and worries. However, they may need some extra support when:

- they feel anxious more than other children of a similar age
- anxiety stops them participating in activities at school or socially
- anxiety interferes with their ability to do things that other children their age can do
- their fears and worries seem out of proportion to the issues in their life.

Strategies to support anxious children

When kids have anxious thoughts or feelings, a common response from the adults in their lives is to step in and solve the problem. By helping children avoid scary situations, you're reinforcing and fueling their anxiety. They're also missing out on opportunities to develop coping skills and prove to themselves they can deal with the anxious thought or feeling next time it comes up.

The best thing you can do for your child is to help them learn how to cope with anxiety. 10 strategies to try:

- | | |
|--------------------------------|---|
| 1. Start by slowing down | 6. Model helpful coping |
| 2. Make time to worry | 7. Help your child take charge |
| 3. Climb that ladder | 8. Be upfront about scary stuff |
| 4. Encourage positive thinking | 9. Be BRAVE |
| 5. Have a goal | 10. And finally, check your own behaviour |



Roots of Empathy
Racines de l'empathie

ROOTS OF EMPATHY

Andreas came to visit us with his mom on November 14, 2019. We had a very fun visit! Andreas is growing fast and was very alert during the whole visit.

Our theme last month was "Crying". Mrs. Reyes-Murphy said that Andreas cries if he is hungry, tired, lonely or needs a diaper change. When Andreas cries, mom tries to soothe him by holding him close and rocking him softly. He also likes to be sung to and really likes many songs, the Kindergarten goodbye song and the ABC song among them! We sang the lullaby "Twinkle, Twinkle Little Star" and the song "Eensy, Weensy Spider" to Andreas. He seemed to enjoy them. He most enjoyed "The Wheels on the Bus" and was smiling during the song.

The Grade 2 students really enjoy learning from Andreas every month. He's a wonderful teacher! Merry Christmas Andreas!

Mrs. Piper, Resource Teacher—Roots of Empathy Instructor



STUDENT COUNCIL

On behalf of the student council, we would like to thank Lukas Mager and his family for organizing Koats for Kids. Thank you to all parents and staff for donating any parkas, gloves, hats, etc., it was quite successful.



Based on the funds raised during our last bake sale, CTK students were able to raise \$350 for Tony Resendes, a former student who is currently battling cancer. Well done and thank you very much for raising money for such a good cause!

During the last week before Christmas break, the student council had planned a door decorating activity where the students of each grade decorate their classroom door with a Christmas theme. They also planned a candy gram sale for grades 4-8, selling candy canes for \$.25. Proceeds will be going toward future CTK activities and purchases for the school.

Thank you very much to the student council for putting the events together and running them.

On behalf of the student council, we'd like to wish everyone a Merry Christmas and a Happy New Year!

Mr. Gawron, Mrs. Bernardin, and Ms. Danakas
Student Council Teacher Advisors



BAND CONCERT

Attention Grades 6-8 Parents,

This is just a reminder to save the date for our first band concert of the year! The concert will take place on Thursday, February 13 at 7:00 pm. The students have been working really hard and are looking forward to showcasing their talent and accomplishments.

Thank you very much and I'll be seeing you in the new year!

Mr. Dominic Gawron
Band Director





The Christmas Story

*Written & Directed by
Shawn Coughlin*



On Thursday, Dec. 12th, our school community enjoyed a very traditional production called *The Christmas Story*.

Two performances were held – one at 1:30pm and the other at 7:00pm. Our Junior Kindergarten—Gr. 5 students gave their all to a full house.

Many thanks to Mr. Shawn Coughlin who wrote and directed our play and Mrs. Josephine Mots who helped practice the music and choreography with our performers, the concert committee of Mme. Kist, Ms. Danakas, Mrs. Pol, Mrs. Carreiro, Mrs. Bernier, Mrs. Piper, Mr. Kalichak, our student Stage Crew, Sound, Lights Props and Runners and all of our staff who gave their time to extra practices and work behind the scenes.

ROYAL SPORTS AND PHYSICAL EDUCATION NEWS

Our Competitive Royals Volleyball teams did very well during playoff week. Our Competitive girls did not have a good semi-final match Friday, November 28th, bowing out at a chance for the league championship



with a loss at the hands of the Holy Cross Saints. But the girls got their "game faces" back on Saturday morning in defeating the St. Emile Huskies in three sets to take the third place trophy. It was indeed

a great finish to an overall fantastic season. The girls completed the regular season in second place with a 7 win, 1 loss match record, making them the number two seed for playoffs, and disposed of the Our Lady of Victory Thunder in an exciting quarter-final match.

Coaches Harrington, Catellier, and Kalichak, were very impressed on how the girls improved and progressed over the last two seasons, and I knew the girls took that Holy Cross loss very hard, but they dug down deep on Saturday in victory over St. Emile. Congratulations



and best wishes to the graduating players, and may your high school volleyball be a success if you choose to play on. Those players are Elena, Eden, Sophia, McKenna, and Carissa.

In mid-November the girls lost 16-14 in the third and final set to the College Beliveau Barracudas in a tournament final played at Westgate. Oh so close...

The future looks bright for the girls program as seven are returning for next year's team.

Our Competitive Royals boys also had a 7 win, 1 loss record in league play, which placed them third overall in the Manitoba Catholic Schools Athletic Association. The boys played in the Tier 2 league in the regular season, and because of their great record, advanced to the Tier 1 division for playoffs as the number three seed. They disposed of the St. Alphonsus Hurricanes in the quarter-finals, but were upended by the number two seed, Linden Christian Wings, in the semi-finals.

This put them in the third place game against rival Holy Ghost and the Blazing Spirits, and unfortunately HGS beat the boys to take the third place trophy. Nevertheless, as head coach Mr. Romeo said afterward, a great season, the boys worked very hard in the three years they were together, and progressed very well during that time.

The boys in early November played in the annual St. Paul's SPORT Tournament and did very well, but were defeated in the semi-finals. Nevertheless, a great Saturday of volleyball, boys.

Congratulations goes out especially to our graduating players who I hope will pursue their volleyball in high school. They are Nico, Lukas, Luke, Andre, Ini, Tyler and Drew.



Thank you to the parent coaches: Mr. Harrington, Mrs. Catellier, and Mr. Romeo, for providing leadership and guidance to the student athletes. Without the three of you the program would not have been half as successful as it was. Thank you.

Our next league sport is basketball, which begins January 15th for our Competitive boys, and a week later for the two developmental teams Christ the King will have in the MCSAA. If anyone wants to volunteer to help coach either of these teams, send Mr. Kalichak an email at dkalichak@ctkschool.ca over the break.

January and February 2020 will see K-8 bowling during Catholic Schools Week (February), and the annual Grade 7 and 8 ski trip on February 28th. Also our second year of our Grades 2 and 3 Learn To Skate Program begins on February 20th for 5 weeks.



Mr. Kalichak
Athletic Director

UPCOMING CLUBS

INTRAMURALS



Intramurals will be on Tuesdays for Gr. 2 & 3 and Fridays for Gr. K & 1 at 12:15—12:30pm starting Tuesday, Jan. 7th.



HALLMARK® CLUB will be on Thursdays 11:50am-12:10pm starting January 16 for grades 4-8. Contact Mrs. Marcaida if interested— grade4@ctkschool.ca

ORIGAMI CLUB - Grades 2 and 3
 Every Tuesday in January and February
 January: 14, 21, 28
 February: 4, 11, 18, 25
 From 8:00 am – 8:30 am in the Gr. 3 classroom
 Please contact Mrs. Pol— grade3@ctkschool.ca

CHESS CLUB Chess Club for Grades 4-8 will be starting January 7 and continuing to February 18 before school from 8:15 am – 8:45 am. We will be meeting in the Grade 6 room. If you have any questions, please feel free to contact Mrs. Edwards at tedwards@ctkschool.ca.



KNEX CLUB 2020

Calling all builders!
 When: Wednesdays at 8:15am
 Jan 22, 29 and Feb 5, 12, 19, 26
 Where: Grade 5 classroom
 Who: Grade 2-5

If anyone would be willing to donate their used Knex pieces, they would be greatly appreciated. Please note that we will not be able to return the Knex pieces after the club is done. They will be held for future use. Donations can be taken to the office, or passed along to Mrs. Piper or Mrs. Grantham.



- * Classes resume - Jan. 6
- * School Board meeting— Jan. 15
- * Staff Meeting/Early Dismissal 1:55pm - Jan. 13
- * Hot Dog Day—Jan. 16
- * Fun Lunch (Domino's) —Jan. 24
- * Gr. 7 & 8 Exams —Jan. 27-29
- * CTK Open Houses—Feb. 5 & 27—7pm

